

Training Provider Details: Venture Int. Partners (M) Sdn. Bhd

Training Course Details

- Course Title: Shadow Consciousness: Stop Self-Sabotage
: Approved Skim HRD Corp. Course No:10001379805

The transformative journey of training is based on our book, Shadow Consciousness: Stop Self-Sabotage

- Authored by: Dr Manuval Thomas CHA
: Dr Magerwari Ranjanthran

Course Overview :

Embark on a transformative journey with "Shadow Consciousness: Stop Self-Sabotage." This meticulously designed program explores the workings of self-sabotage, providing practical tools and insights for personal growth. Led by Venture International Partners (ViP) and spearheaded by Dr. Thomas, author of the acclaimed "Shadow Consciousness: Stop Self-Sabotage" book, the course addresses the roots of self-sabotage, fostering awareness and mastery.

With a focus on personal, family, and professional achievements, participants will gain resilience, emotional intelligence, and strategies to break free from limiting patterns. Join us for a holistic experience, illuminating shadows and unlocking the path to a more empowered, successful life.

1. Type of Course: Non-Technical

Shadow Consciousness is a non-technical course focusing on personal development, self-awareness, and overcoming self-sabotaging patterns. It emphasizes practical skills in areas such as emotional intelligence, team dynamics, and effective communication.

2. Certificate of Completion

Upon successful completion of the training, participants will receive a Certificate of Completion from Venture Int. Partners as proof of their upskilling and reskilling achievements. This certificate serves as tangible evidence of the skills acquired during the program, providing participants with a valuable acknowledgment of their dedication to personal and professional development.

3. Training Methodology (Face to Face)

A face-to-face presentation is a dynamic and interactive communication as the speaker needs to engage with participants in person. This format allows for real-time connection, fostering immediate feedback, and enhancing the impact of the message through gestures, eye contact, and body language.

4. No of Participants Per Class

The class size is limited to 25 participants, ensuring an optimal environment for personal contact with the trainer and the ability to address individual needs effectively. This smaller group size allows for more personalized attention, fostering a conducive learning experience tailored to the unique requirements of each participant.

5. Target Group: Executives and Non-Executives Staffs

Non-technical team training centers on developing essential skills for personal growth, communication, teamwork, and leadership. It emphasizes honing practical, non-technical abilities to foster individual development and enhance team collaboration.

Three Core Skill Areas of Shadow Consciousness

The "Shadow Consciousness: Stop Self-Sabotage" course aims to develop participants in three key skill areas:

1. Self-awareness and Emotional Intelligence:

Participants will cultivate a heightened sense of self-awareness, understanding their shadows and self-sabotaging behaviors. The course emphasizes emotional intelligence, enabling individuals to navigate their emotions effectively and make informed decisions.

2. Personal Mastery and Resilience:

The program equips participants with practical tools for personal mastery, empowering them to recognize, understand, and overcome self-sabotaging patterns. Through workshops and exercises, individuals develop resilience, enhancing their ability to bounce back from challenges and setbacks.

3. Interpersonal Skills and Communication:

Focusing on both personal and professional realms, the course enhances interpersonal skills and communication. Participants learn effective ways to communicate, collaborate, and build positive relationships, contributing to success in both family and workplace dynamics.

These three skill areas collectively form a comprehensive approach, fostering holistic development and empowering participants to navigate life with authenticity, resilience, and success.

Training Assurance: Shadow Consciousness - Stop Self-Sabotage

- **Quality:** Alignment with Course Objectives and Industry Needs

This meticulously designed course aligns with the primary goal of helping participants understand and overcome self-sabotaging patterns by delving into shadow consciousness. Tailored to meet the evolving needs of individuals pursuing personal development, professionals seeking self-improvement, and organizations dedicated to cultivating positive workplace cultures, the comprehensive curriculum ensures relevance and practical applicability in real-world scenarios.

- **Effectiveness:** Training Objectives and Outcomes

Structured to yield tangible outcomes, this course tackles the root causes of self-sabotage, equipping participants with practical tools for self-mastery. A thoughtfully balanced blend of theoretical knowledge, interactive workshops, and hands-on exercises empowers individuals to recognize, understand, and overcome self-sabotaging behaviors. With a focus on personal, family, and professional achievements, the training ensures a holistic impact, fostering enduring change.

- **Accuracy:** Clarity and Completeness of the Proposal

The proposal is intricately designed to offer a lucid and all-encompassing overview of the training program. It meticulously outlines each session, workshop, and break, providing a transparent depiction of the course structure. The topics are articulated with precision, ensuring a thorough comprehension of the content and expected outcomes. The accuracy of the information, coupled with the logical flow of the proposal, establishes a robust foundation for the training program.

- **Credibility:** Track Record and Expertise of the Training Provider

With over 15 years in the training and development industry, Venture International Partners (ViP) carries a wealth of experience and expertise. Dr. Thomas, author of "Shadow Consciousness: Stop Self-Sabotage," leads ViP, ensuring a proven track record in delivering impactful training programs globally. The credibility of this training provider is bolstered by a dedicated team of experienced trainers committed to empowering individuals and organizations. ViP's extensive history and leadership underscore its reliability and competence in facilitating transformative learning experiences.

- **Price:** Cost-Effectiveness and Price Justification

The training program's cost is substantiated by its comprehensive inclusivity—covering training materials, the book, supporting materials, meals, and tea breaks. Reflecting the value drawn from ViP's expertise and transformative content. ViP's dedication to cost-effectiveness is evident in the all-encompassing package, guaranteeing participants a high-quality, well-rounded training experience.